



## 2006 Keydet Profiles



### Remington Adams - 37

- Freshman -  
 Middie ★ 5' 9" ★ 165 lbs.  
 Barrington, N.H. ★ Dover HS  
 Major: History

★★★

**On Adams:** Will battle for playing time in the third line of middies.

★★★

**High School/Personal:** Four year lacrosse player at Dover HS... registered 68 career goals and 32 assists... 1st Team All-State for senior season... named to Fosters Daily Democrat Boy's Lacrosse Dream Team and New Hampshire All-Star Team... member of the New England Premier Lacrosse and Czech Republic travel team... team won the Lacrosse State Championship... full name is Remington Douglas Adams... son of Wayne and Susan Adams.



### Charles Barnes - 30

- Junior -  
 Long Stick Middie ★ 5' 11" ★ 197 lbs.  
 Newton Square, Pa. ★ Marple Newton  
 Major: Mechanical Engineering

★★★

**On Barnes:** Hard-working junior who will start at Long Stick Middie.

★★★

**2005:** Started eight of 14 games last season for the Keydets... Fifth on the team with 38 ground balls.

**2004:** Played in all 12 games for the Keydets, starting seven... Picked 20 ground balls... Won 12 of the 39 faceoffs he attempted, second best on the team.

**High School/Personal:** Lettered four years as a defenseman at Marple Newtown... Averaged 5.1 ground balls and 3.2 takeaways as a senior and was named his team's Defensive MVP... Named first team News of Delaware County as a senior while captaining the team... Also lettered in swimming and diving and soccer... A member of the Keystone State team, winning gold medals in 2001 & 2002... full name is Charles Edward Barnes... son of Betsy and Mike Barnes, a 1980 graduate of VMI.



#### Barnes' Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	12/7	0	0	0	0	20	7/6.0
2005	14/8	2	0	2	2	38	8/6.5
<b>Total:</b>	<b>26/15</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>2</b>	<b>58</b>	<b>15/12.5</b>

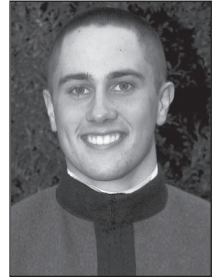
### Pat Barnes - 14

- Freshman -  
 Attack ★ 5' 8" ★ 165 lbs.  
 Westminster, Md. ★ Westminster HS  
 Major: Biology

★★★

**On Barnes:** Will battle freshmen attackers Mallet and Rabon for playing time.

★★★



**High School/Personal:** Two year letterwinner in lacrosse at Westminster... named 2nd Team All-MVAC for senior season... scored 34 goals and had 12 assists... member of the Old Line Lacrosse team... Received Scholar Athlete Award... full name is Patrick Alan Barnes... son of Barbara and Randy Barnes.



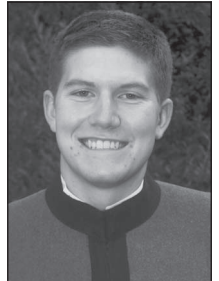
### Ryan Benson - 29

- Junior -  
 Defender ★ 6' 2" ★ 210 lbs.  
 Centreville, Va. ★ Centreville HS  
 Major: Mathematics & Computer Science

★★★

**On Barnes:** Good-sized defender that will start on the second line of defenders.

★★★



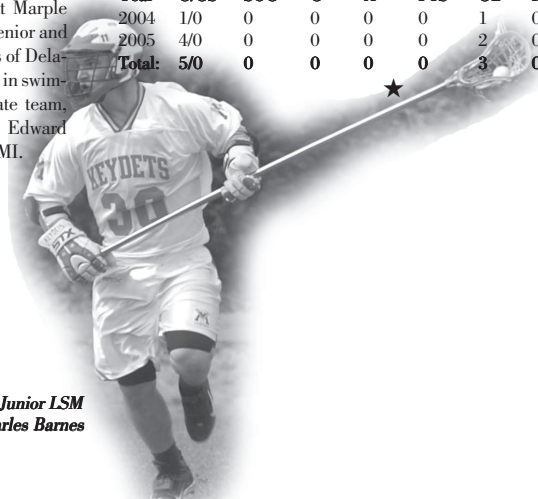
**2005:** Played in four games last season... recorded two ground balls.

**2004:** Saw action in one game, registered one ground ball.

**High School/Personal:** Lettered for three years at Centreville, playing both defense and midfield... Received the Most Conscientious Player award... Member of the Virginia Super Juniors Travel Lacrosse team... full name is Ryan William Benson... son of Lisa and Richard Benson.

#### Benson's Numbers:

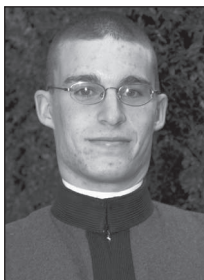
Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	1/0	0	0	0	0	1	0/0
2005	4/0	0	0	0	0	2	0/0
<b>Total:</b>	<b>5/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0/0</b>



Junior LSM  
 Charles Barnes



## 2006 Keydet Profiles



### Josh Blechman - 17

- Freshman -  
*Goalie* ★ 5' 8" ★ 140 lbs.  
*Setauket, N.Y. ★ Ward Mellville*  
 Major: History

★★★  
**On Blechman:** Highly touted goalie from history-rich high school; will battle for #2 spot in the net.

★★★

**High School/Personal:** Graduated from Ward Mellville earning three letters in lacrosse... team went undefeated in the regular season in 2005... team ranked 17th in the country with an 18-1 record... full name is Joshua Andrew Blechman... son of Linda and Ross Blechman.



### Andrew Calvo - 7

- Sophomore -  
*Defender* ★ 6' 0" ★ 170 lbs.  
*Rocville Centre, N.Y. ★ South Side HS*  
 Major: Psychology

★★★  
**On Calvo:** Will provide valuable depth at defenseman.

★★★

**2005:** Saw action in one game last season as a freshman.

**High School/Personal:** Four year letterman on defense at South Side... Received most improved and most valuable defenseman awards... Participated in New York State lacrosse championships... Also lettered two years at wide receiver and was named most valuable receiver... full name is Andrew Patrick Calvo... son of Mimi and Art Calvo.

#### Calvo's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	1/0	0	0	0	0	0	0/0.0
<b>Total:</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0/0.0</b>



### Will Carlton - 28

- Freshman -  
*Defender* ★ 5' 11" ★ 180 lbs.  
*Winston-Salem, N.C. ★ R.J. Reynolds HS*  
 Major: Biology

★★★  
**On Carlton:** Looks to provide some depth on the second line of defenders.

★★★

**High School/Personal:** Three year letterwinner in Lacrosse and football... named Defender of the Year in 2005... team MVP and North Carolina 4A All-State Honorable Mention defender... member of the National Honors Society... full name is William Romulus Yarborough Carlton, Jr.... son of Susan and Will Carlton, Sr.



### Tony Cavalero - 15

- Senior -  
*Middie* ★ 5' 10" ★ 180 lbs.  
*Annandale, Va. ★ Annandale HS*  
 Major: History

★★★  
**On Cavalero:** Returns for senior season as the Keydets' top face-off man, and one of the best in school history in groundballs.

★★★

**2005:** Posted a .548 face-off percentage... Started 13 of 14 games last season... was fifth on the team in goals (12) and second on the team in groundballs (50)... Received the Worrell-Fallen Award for the second straight season in the 18th Annual Lee-Jackson Classic.

**2004:** Played in all 12 games for the Keydets, starting 11... Won 48.4% of the faceoffs he took, winning 106 of 219 as the Keydets' top faceoff man... Scored nine goals and had three assists, finishing tied for sixth on the team with 12 points... Led team with 61 ground balls.

**2003:** Won 45 of 98 face-offs as VMI's No. 2 face-off man... Scored four goals and notched one assist.

**High School/Personal:** Started for three years and was the first player in Annandale history to play on the varsity as a freshman... Posted a face-off winning percentage of 63% as a senior... Also the team's second leading scorer with 25 goals and 14 assists... Selected as team MVP... Named to first team All-Northern Virginia Journal and honorable mention in the Washington Post's All-Met team... full name is Anthony John Cavalero... son of Nancy and Michael Cavalero.

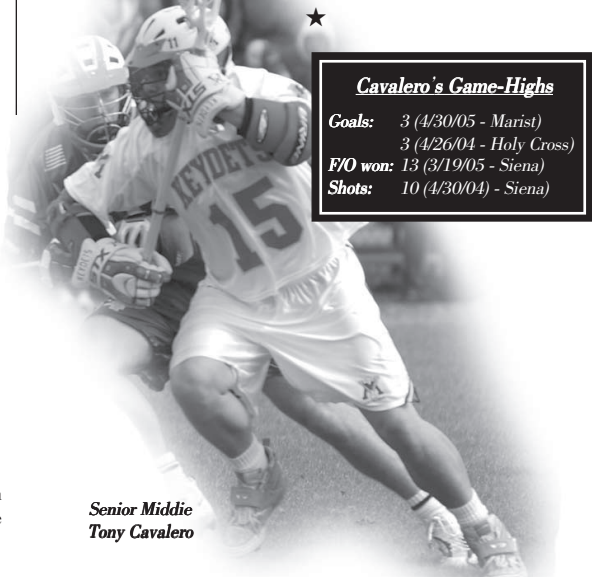
#### Cavalero's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2003	12/0	13	4	1	5	38	0/0
2004	12/11	43	9	3	12	61	6/4.0
2005	14/13	30	12	3	15	50	4/3
<b>Totals</b>	<b>38/24</b>	<b>86</b>	<b>25</b>	<b>7</b>	<b>32</b>	<b>149</b>	<b>10/7.0</b>



#### Cavalero's Game-Highs

**Goals:** 3 (4/30/05 - Marist)  
 3 (4/26/04 - Holy Cross)  
**F/O won:** 13 (3/19/05 - Siena)  
**Shots:** 10 (4/30/04) - Siena



Senior Middie  
 Tony Cavalero



## 2006 Keydet Profiles



### John Collier - 1

- Freshman -  
 Goalie ★ 5' 10" ★ 175 lbs.  
 Centreville, Va. ★ Woodberry Forest HS  
 Major: Civil Engineering

★★★

**On Collier:** One of three talented goalies on the team, highly recruited out of high school.

★★★

**High School/Personal:** Three year letterwinner at Woodberry Forest... was defensive captain and received Coaches Award... also lettered two years in football... Honor Court member. full name is John Charles Collier... son of Pam and Wiam Collier ('72)... brother of senior attack Will Collier.



### Will Collier - 27

- Senior -  
 Attack ★ 6' 0" ★ 205 lbs.  
 Centreville, Va. ★ Woodberry Forest  
 Major: English

★★★

**On Collier:** Along with teammate Robert Trimble, will be the top scoring threat at attack and possible All-Conference player.

★★★

**2005:** Was the second leading goal scorer with 24... Had an impressive .776 SOG percentage... Played in all 14 games, starting 12 of them... Third on the team with 26 points... moved into 16th all-time at VMI with 51 goals.

**2004:** Team's second leading scorer with 15 goals... Played in all 12 games, starting nine... Led team with 36 shots on goal.

**2003:** Named VMI's first Freshman of the Year... Led all freshmen in scoring with 12 goals and one assist... Scored season-high three goals at Mount St. Mary's.

**High School/Personal:** Named high school All-America in his senior season... Was voted the team's MVP and garnered all-state honors... Graduated from Woodberry Forest as the school's all-time leading scorer ... Participated in the North-South senior All-Star game, scoring three goals and adding an assist... full name is William Crawford Collier... Son of Pam and William Collier ('72).

### Collier's Numbers

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2003	12/1	23	12	1	13	9	0/0
2004	12/9	36	15	0	15	16	1/1.0
2005	14/12	38	24	2	26	13	2/1.0
<b>Totals</b>	<b>38/22</b>	<b>97</b>	<b>51</b>	<b>3</b>	<b>54</b>	<b>38</b>	<b>3/2.0</b>



Senior Attack  
 Will Collier

### Lee Cook - 34

- Senior -  
 Defender ★ 6' 3" ★ 200 lbs.  
 Centreville, Md. ★ St. Mary's HS  
 Major: Psychology

★★★

**On Cook:** One of the leaders on the team, will help anchor the defense this season. One of four team captains.

★★★



**2005:** Started all 14 games last season... Recorded 27 ground balls... Scored one goal on just three shots.

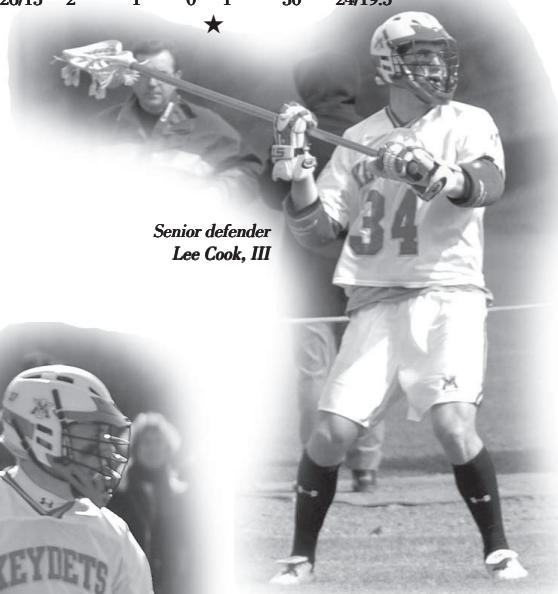
**2004:** Saw action in eight of the Keydets' 12 contests, starting one... Picked up three ground balls.

**2003:** Saw actions in four games.

**High School/Personal:** Three-year letterwinner at St. Mary's... Helped lead his team to the league semifinals in both his junior and senior campaigns, splitting time between the longpole midfield position and in-close defense... full name is Lee Anthony Cook, III... son of Belinda and Lee Cook Jr

### Cook's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2003	4/0	0	0	0	0	0	0/0
2004	8/1	0	0	0	0	3	10/8.5
2005	14/14	2	1	0	1	27	14/11.0
<b>Totals</b>	<b>26/15</b>	<b>2</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>30</b>	<b>24/19.5</b>



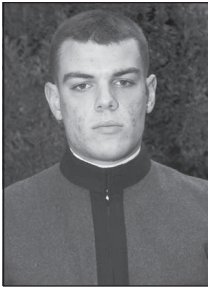
Senior defender  
 Lee Cook, III

### Collier's Game-Highs

**Goals:** 4 (4/26/04 - Holy Cross)  
 4 (4/27/05 - Mt. St. Mary's)  
**Assists:** 1 (3/19/05 - Siena)  
 1 (4/3/05 - Wagner)  
**Points:** 4 (4/27/05 - Mt. St. Mary's)



## 2006 Keydet Profiles



### Chris DarConte - 48

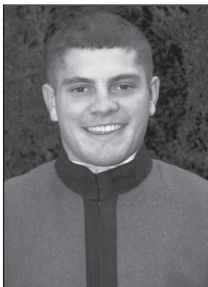
- *Sophomore* -  
*Defender* ★ 6' 3" ★ 190 lbs.  
*Merrick, N.Y. ★ Holy Trinity HS*  
*Major: International Studies*

★★★  
**On DarConte:** Good-sized defender that added strength and power in the offseason. Will see time in the second line of defense.

★★★

**2005:** Did not see game action.

**High School/Personal:** Four year letterman at Holy Trinity while playing defense... Played in the Oceanside Winter Lacrosse league... Also lettered two years playing defensive end on the football team... full name is Christopher Francis DarConte... son of Kathy and Frank DarConte.



### Rob DiDomenico - 36

- *Junior* -  
*Midfielder* ★ 5' 7" ★ 160 lbs.  
*Clark, N.J. ★ Chatham HS*  
*Major: History*

★★★  
**On DiDomenico:** Quick and versatile player that will provide depth at middle.

★★★

**2005:** Did not see game action

**2004:** Played in one game, registering one ground ball.

**High School/Personal:** Two-year letterman at Chatham in lacrosse and hockey... Named most improved lacrosse player and won 68% of his faceoffs... Also served as captain of his lacrosse team... Participated in the Gill Gibbs All Star Game... full name Robert Andrew DiDomenico... son of Cheryl and Phil DiDomenico.

#### DiDomenico's Numbers

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	1/0	0	0	0	0	1	0/0
2005	DNP						
<b>Total</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0/0</b>

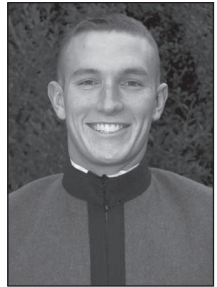


### Dan Frank - 3

- *Senior* -  
*Goalie* ★ 6' 1" ★ 190 lbs.  
*Bel Air, Md. ★ C. Milton Wright*  
*Major: International Studies*

★★★  
**On Frank:** Only goalie on the team with playing experience. Will look to anchor the net and help mentor the young goalies.

★★★



**2005:** Started six games while playing in nine... Posted a team-best 9.09 GAA... Recorded 75 saves for a .536 save percentage... Saw 429 minutes of action in net.

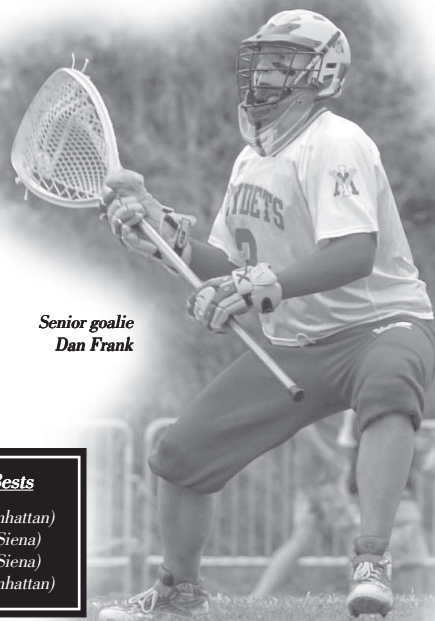
**2004:** Only saw action in two games, registering 11 saves in 45 minutes.

**2003:** Backed up Brian Ward and Matt Hook... Did not see game action.

**High School/Personal:** Lettered two years at C. Milton Wright... Led team to county and regional championships and served as team captain as a senior, while garnering first team all-county honors... full name is Daniel Michael Frank, III... son of Allison and Daniel Frank... spent his 2003 Fall semester at sea, traveling around the world.

#### Frank's Numbers:

Year	G/GS	W-L	Min.	SOG	Sv.	GA	SV%	GAA
2004	2/0	0-0	45	18	11	7	.611	9.33
2005	9/6	3-5	429:12	140	75	65	.536	9.09
<b>Totals</b>	<b>11/6</b>	<b>3-5</b>	<b>474:12</b>	<b>158</b>	<b>86</b>	<b>72</b>	<b>.544</b>	<b>9.16</b>



Senior goalie  
 Dan Frank

#### Frank's Game-Bests

**Saves:** 14 (4/9/05 - Manhattan)  
**Sv %:** .733 (3/19/05 - Siena)  
**GAA:** 4.42 (3/19/05 - Siena)  
**Faced:** 40 (4/9/05 - Manhattan)



## 2006 Keydet Profiles



### Alex Friedland • 19

- Freshman -  
 Middie ★ 6' 1" ★ 170 lbs.  
 Maplewood, N.J. ★ Columbia HS  
 Major: Mechanical Engineering

★★★  
**On Friedland:** Will contend for playing time in the third line of middies.  
 ★★★

**High School/Personal:** One year letterwinner at Columbia HS as faceoff middie... member of the Garden State Team... played in Garden State Games, scoring one goal and three assists... full name is Alexander James Friedland... son of Janet Bustrin and Robert Friedland.



### Eric Harley • 26

- Junior -  
 Middie ★ 6' 2" ★ 170 lbs.  
 Alexandria, Va. ★ Thomas Edison HS  
 Major: International Studies

★★★  
**On Harley:** Big and strong junior that should receive some additional playing time at middle this season.  
 ★★★

**2005:** Saw action in eight games, took two shots.

**2004:** Played in six contests, registering one shot on goal and 17 ground balls.

**High School/Personal:** A three-year letterman middie for Thomas Edison... Named all-district three times and all-region twice... Played in 2002 Commonwealth State lacrosse games... Played in senior all-star game of Northern Region... full name is William Eric Harley... son of Kathleen and Bill Harley.

#### Harley's Numbers

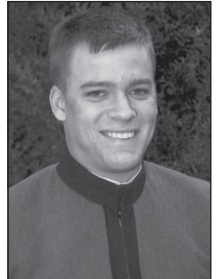
Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	6/0	1	0	0	0	17	1/1.0
2005	8-0	0	0	0	0	0	0/0.0
<b>Totals</b>	<b>14/0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>17</b>	<b>1/1.0</b>



### Matt Harrison • 18

- Sophomore -  
 Middie ★ 6' 0" ★ 190 lbs.  
 Great Mills, Md. ★ St. Mary's Ryken  
 Major: Civil Engineering

★★★  
**On Harrison:** A big, strong athlete that will see time at midfield and possibly on the front line with the attack.  
 ★★★



**2005:** Played in four games in the midfield for the Keydets, picked up one ground ball.

**High School/Personal:** Four year letterwinner in lacrosse... Named second team all-conference... Participated in the Charlottesville Lacrosse League... Received Brother Clyde Student Athlete award... full name is Matthew Carter Harrison... son of Sheila and Don Harrison.

#### Harrison's Numbers

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	4-0	0	0	0	0	1	0/0.0
<b>Totals</b>	<b>4-0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0/0.0</b>



### Robert Hawley, Jr. • 45

- Sophomore -  
 Defender ★ 5' 10" ★ 165 lbs.  
 Fulton, N.Y. ★ Cayuga C.C./G. Ray Bodley  
 Major: Mechanical Engineering

★★★  
**On Hawley:** Will look to provide some depth off the bench for the long poles.  
 ★★★

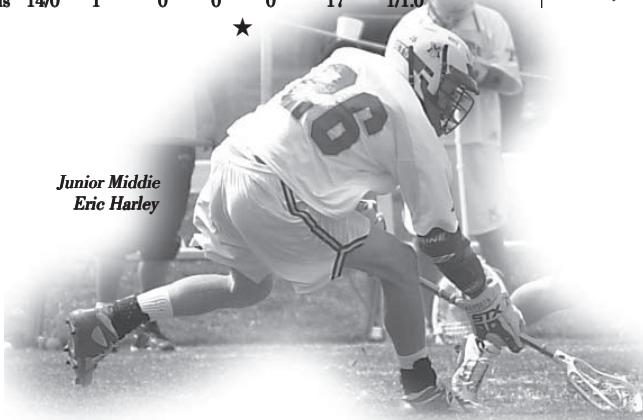


**2005:** Did not see game action.

**High School/Personal:** Played lacrosse and football in high school... played one season at Cayuga Community College in 2004... full name is Robert William Hawley, Jr.... son of Beckie and Bob Hawley.



Junior Middie  
 Eric Harley





## 2006 Keydet Profiles



### Kevin Hill - 5

- *Sophomore* -  
**Attack** ★ 6' 0" ★ 170 lbs.  
 Rockville Centre, N.Y. ★ *South Side HS*  
 Major: *Psychology*

★★★  
**On Hill:** A gifted athlete, will move to his natural position and start on attack as the only sophomore starter.  
 ★★★

**2005:** Had a phenomenal freshman campaign, netting 11 goals and 17 assists for 28 points... Scored two game-winning goals for the Keydets (Siena and Washington & Lee)... Selected by team as Co-Freshman of the Year.

**High School/Personal:** Member of Class "B" state champions at South Side... Scored the most points in the state playoff and most goals... Named All-Nassau County... full name is Kevin D Hill... son of Susan and Brian Hill.

#### Kevin Hill's Numbers

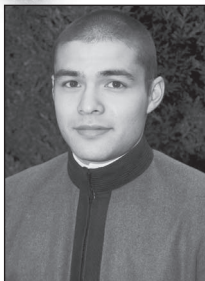
Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	14/0	23	11	17	28	19	1/1.0
<b>Totals</b>	<b>14/0</b>	<b>23</b>	<b>11</b>	<b>17</b>	<b>28</b>	<b>19</b>	<b>1/1.0</b>



*Sophomore Attack*  
**Kevin Hill**

#### Hill's Game-Highs

★  
**Goals:** 4 (3/19/05 - Siena)  
**Assists:** 3 (3/12/05 - R. Morris)  
**Points:** 5 (3/19/05 - Siena)



### Matt Hill - 39

- *Senior* -  
**Middie** ★ 5' 7" ★ 160 lbs.  
 Murfreesboro, Tenn. ★ *Webb School*  
 Major: *Military Science*

★★★  
**On Hill:** Brings quickness and experience at the defensive midfielder position.  
 ★★★

**2005:** Played in 13 games last season at defensive middle... Recorded four groundballs.

**2004:** Played in 11 of the Keydets' 12 contests... Credited with one assist and one shot on goal... Picked up 13 ground balls.

**2003:** Named team's most improved player... Did not see ame action.

**High School/Personal:** Lettered four years at Webb School as a midfielder and goalkeeper... Captained team and earned coaches' award as a senior. Full name is Raymond Matthew Hill... son of Misaki and Richard Hill.



### Jason Hubble - 13

- *Sophomore* -  
**Attack** ★ 6' 3" ★ 180 lbs.  
 Wescoville, Pa. ★ *Emmaus HS*  
 Major: *Civil Engineering*

★★★  
**On Hubble:** Will contend for playing time in the VMI attack.  
 ★★★



**2005:** Played in one game last season.

**High School/Personal:** Played lacrosse at Emmaus under head coach Stu Speicher... Member of the Lehigh Valley team in the Keystone Games... Also participated in cross country... Full name is Jason David Hubble... son of Amber and David Hubble.



### David Jacobs - 4

- *Sophomore* -  
**Middie** ★ 5' 10" ★ 175 lbs.  
 Plainview, N.Y. ★ *Plainview JFK*  
 Major: *History*

★★★  
**On Jacobs:** Earned a spot in the second line of the Keydet midfield.  
 ★★★



**2005:** Saw action in five games in the midfield.

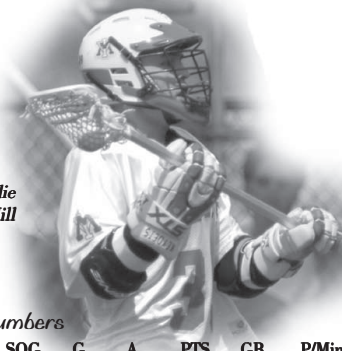
**High School/Personal:** Four year letterman at Plainview JFK... Named all-county... Played with Team Long Island... Four-year letterman at wide receiver on the football team... Full name is David Francis Jacobs... son of Noreen and Harold Jacobs.

#### Jacobs' Numbers

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	5/0	0	0	0	0	0	1/0.5
<b>Total</b>	<b>5/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1/0.5</b>



*Senior Middie*  
**Matt Hill**



#### Matt Hill's Numbers

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	11/0	1	0	1	1	13	0/0
2005	13/0	0	0	0	0	4	1/0.5
<b>Total</b>	<b>24/0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>17</b>	<b>1/0.5</b>

## 2006 Keydet Profiles



### Curtis Jaques - 31

- Junior -  
 Defender ★ 6' 3" ★ 195 lbs.  
 Flemington, N.J. ★ Hunterdon Central  
 Major: International Studies

★★★  
**On Jaques:** A rangy defender and good on-ball defender that will start and help anchor the Keydets back line this season.  
 ★★★

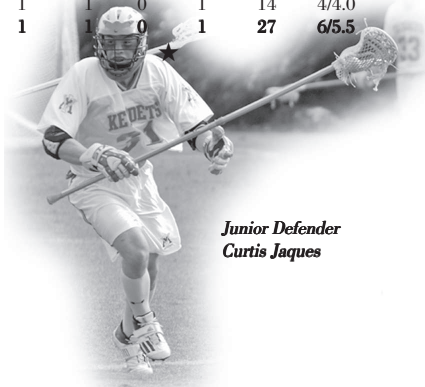
**2005:** Played in all 14 games last season in the defense... scored his first career goal in last season's thrilling 16-15 2-OT victory over Marist... recorded 14 ground balls.

**2004:** Played in every contest as a freshman, earning two starts... Had 13 ground balls while playing defense.

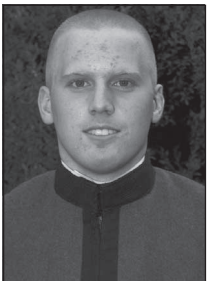
**High School/Personal:** Lettered three years... As a senior, Jaques was named to the all-conference, all-division and All-Garden State teams... His team was ranked 10th in the state of New Jersey... full name is Curtis Hoffend Jaques... son of Deborah and Stephen Jaques.

#### Jaques' Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	11/2	0	0	0	0	13	2/1.5
2005	14/2	1	1	0	1	14	4/4.0
<b>Total</b>	<b>25/4</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>27</b>	<b>6/5.5</b>



Junior Defender  
 Curtis Jaques



### Kip Joerdens - 33

- Freshman -  
 Defender ★ 6' 0" ★ 184 lbs.  
 Ellicott City, Md. ★ Centennial HS  
 Major: Civil Engineering

★★★  
**On Joerdens:** Good-sized freshman that will see some time in the defense.  
 ★★★

**High School/Personal:** Lettered two years in lacrosse and two years in football at Centennial... team was state champions in senior season... full name is Philip Joseph Joerdens IV... son of Margie and Philip Joerdens, III... father Philip played middle at UVA ('69).

★



### Jason LaCerde - 25

- Junior -  
 Defender ★ 5' 7" ★ 150 lbs.  
 Mahopac, N.Y. ★ Mahopac HS  
 Major: Military Science

★★★  
**On LaCerde:** A strong in-close defender with a good lacrosse IQ.  
 ★★★

**2005:** Provided good playing time last year in 11 games as a backup defender... committed just 2 penalties on the season.

**2004:** Saw action in eight of the Keydets' 12 contests, starting one.

**High School/Personal:** Three-year letterwinner at Mahopac... Served as team captain... Named to Tri-State All-Star Game... Also captained football team and was named team MVP as a senior... Full name is Jason Paul LaCerde... son of Kita and Jay LaCerde... spent fall '05 semester overseas.

#### LaCerde's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	8/1	0	0	0	0	0	1/0.5
2005	11/0	0	0	0	0	1	2/2.0
<b>Total</b>	<b>19/1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>3/2.5</b>

★

### Alex Litz - 9

- Junior -  
 Defender ★ 6' 2" ★ 215 lbs.  
 Centreville, Va. ★ Westfield HS  
 Major: History

★★★  
**On Litz:** One of the most athletic players on the team, and covers the field very well from the defender position.  
 ★★★



**2005:** Played in all 14 games with 12 starts for the Keydet defense... picked up 17 ground balls and played very consistently for a sophomore.

**2004:** Participated in four games as a freshman.

**High School/Personal:** Lettered three years at Westfield... Threetime all-district selection... All-Region as a junior... Graduated Cum Laude in his class... full name is Charles Alexander Litz... son of Nannette and Charles Litz... cousin, Tim Brewster, is the Assistant Head Coach of the San Diego Chargers.

#### Litz' Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	4/0	0	0	0	0	0	0/0.0
2005	14/12	0	0	0	0	17	7/4.0
<b>Total</b>	<b>18/12</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>17</b>	<b>7/4.0</b>

★



## 2006 Keydet Profiles



### Steve Long - 2

- Junior -  
 Middie ★ 6' 1" ★ 190 lbs.  
 Drexel Hill, Pa. ★ Cardinal O' Hara  
 Major: History

★★★  
**On Long:** Junior middle that is a physical player and sees the field well. Also has a very hard shot on goal.  
 ★★★

**2005:** Saw action in 12 games last season... netted four goals and two assists... posted a .600 SOG percentage and registered 26 groundballs.

**2004:** Played in seven contests, scoring one goal and notching three ground balls.

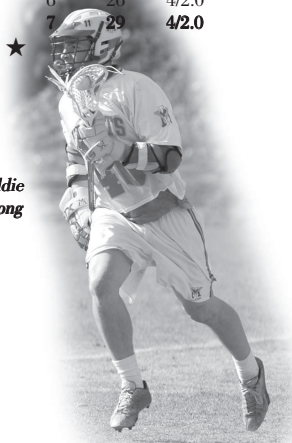
**High School/Personal:** Lettered three years at Cardinal O' Hara... Scored 40 goals as a senior... First team All-Catholic... Team captain and MVP as a senior... full name is Stephen Harrison Long, Jr... son of Nanette and Stephen Long.

#### Long's Numbers:

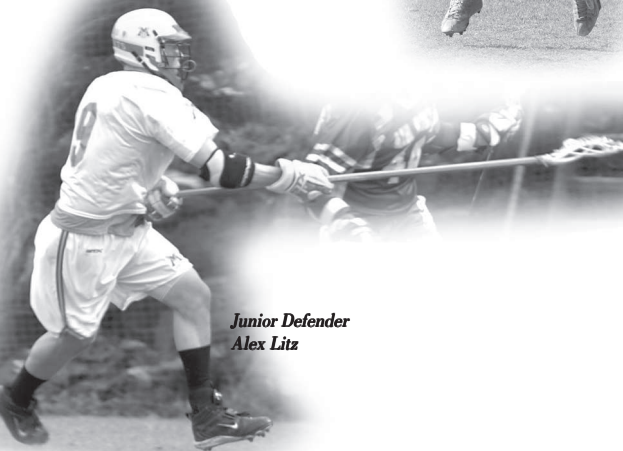
Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	7/0	2	1	0	1	3	0/0.0
2005	12/0	12	4	2	6	26	4/2.0
<b>Total</b>	<b>19/0</b>	<b>14</b>	<b>5</b>	<b>2</b>	<b>7</b>	<b>29</b>	<b>4/2.0</b>



Junior Middie  
 Steve Long



Junior Defender  
 Alex Litz



### MacKenzie Mallet - 8

- Freshman -  
 Attack ★ 5' 7" ★ 152 lbs.  
 New Brunswick, Canada ★ Leo Hayes HS  
 Major: Economics and Business

★★★  
**On Mallet:** Highly regarded player out of Canada with a knack for scoring; will compete for playing time up front.  
 ★★★

**High School/Personal:** Two time MVP of the Highlanders Lacrosse Club... Top Offensive Player for senior year... First Team All-Star selection twice... team won Provincial Championship three times... full name is MacKenzie Donald David Mallet... son of Cathy and Wayne Mallet.



### Pat Maloney - 40

- Freshman -  
 Goalie ★ 5' 9" ★ 180 lbs.  
 Silver Spring, Md. ★ James Blake HS  
 Major:

★★★  
**On Maloney:** One of four backup freshman goalies battling for backup role.  
 ★★★

**High School/Personal:** Received four letters in lacrosse, three year in hockey, two in football and one in wrestling... team went 8-5 in senior season... full name is Patrick Andrew Maloney... son of Janis and Mark Maloney.



### Andy Milford - 6

- Junior -  
 Middie ★ 5' 8" ★ 165 lbs.  
 Germantown, Md. ★ Seneca Valley  
 Major: English

★★★  
**On Milford:** Should see increased playing time this season at defensive middle.  
 ★★★

**2005:** Saw action in four contests and took three shots.

**2004:** Participated in seven games as a freshman.

**High School/Personal:** Three-year letterman at Seneca Valley, playing middle... Led team to state final four... Participated in Montgomery County all-star game... First team all-division and second team all-county... full name is Andrew Blake Milford... son of Mary and William Milford.

#### Milford's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	7/0	0	0	0	0	0	0/0.0
2005	4/0	1	0	0	0	0	0/0.0
<b>Total</b>	<b>11/0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0/0.0</b>





## 2006 Keydet Profiles



### Brian Peeler - 24

- Sophomore -  
 Middie ★ 5' 10" ★ 160 lbs.  
 Springfield, Va. ★ Robert E. Lee HS  
 Major: Mechanical Engineering

★★★  
**On Peeler:** Switches from defender to middie this season.  
 ★★★

**2005:** Did not see game action.

**High School/Personal:** Three year letterwinner at Robert E. Lee... Named honorable mention all-district while playing defense... Member of the Virginia Super Juniors Lacrosse team... full name is Brian Allen Peeler... son of Diane and John Peeler.



### Joe Picariello - 10

- Senior -  
 Middie ★ 6' 0" ★ 200 lbs.  
 Sandwich, Mass. ★ Merrimack College  
 Major: History

★★★  
**On Picariello:** A team captain and vocal leader of the team, will anchor the second line of middies this season.  
 ★★★

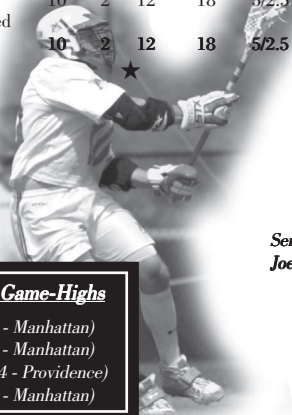
**2005:** Did not see game action due to injury.

**2004:** Played in every game for the Keydets, starting one... Fourth on the team in goals (10) and sixth on the team in points (12)... Picked up 18 ground balls.

**High School/Personal:** Threeyear letterwinner at Sandwich, playing middie... Earned leadership, sportsmanship and dedication award as a senior... full name is Joseph Martin Picariello... son of Frances and Joseph Picariello... Was also a midfielder on the VMI soccer team.

#### Picariello's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	12/1	21	10	2	12	18	5/2.5
2005	DNP-Injured						
<b>Total</b>	<b>12/1</b>	<b>21</b>	<b>10</b>	<b>2</b>	<b>12</b>	<b>18</b>	<b>5/2.5</b>



Senior Middie  
 Joe Picariello

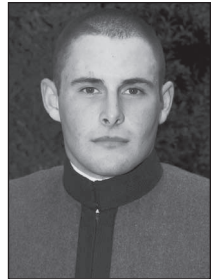
#### Picariello's Game-Highs

**Goals:** 3 (4/3/04 - Manhattan)  
**Assists:** 1 (4/3/04 - Manhattan)  
 1 (4/24/04 - Providence)  
**Points:** 4 (4/3/04 - Manhattan)

### Brandon Rabon - 16

- Freshman -  
 Attack ★ 5' 6" ★ 190 lbs.  
 Wilmington, N.C. ★ New Hanover HS  
 Major: Civil Engineering

★★★  
**On Rabon:** Talented freshman who will battle for playing time at attack.  
 ★★★



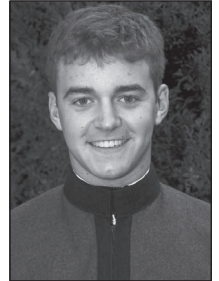
**High School/Personal:** Was a three sport athlete at New Hanover, lettering all four years in lacrosse, football and wrestling... three-year captain... played in State All-Star Game... holds school record for points in a season (2005)... selected as MVP of county... full name is Charles Brandon Rabon... son of Donna and Randy Rabon.



### John Regan - 23

- Sophomore -  
 Middie ★ 5' 11" ★ 180 lbs.  
 Mt. Airy, Md. ★ Glenelg HS  
 Major: History

★★★  
**On Regan:** Hard worker, will see playing time in the midfield and as a defensive middie.  
 ★★★



**2005:** Did not see game action.

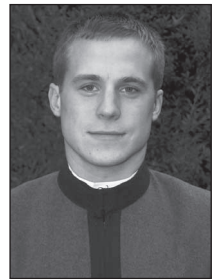
**High School/Personal:** Two year letterman and team captain at Glenelg... Scored 16 goals and four assists as a senior... Two-year letterman on the wrestling team... Finished his senior season with a record of 16-6 in wrestling... full name is Kevin John Regan, Jr... son of Patricia and Kevin Regan.



### Greg Schwartz - 44

- Junior -  
 Middie ★ 6' 0" ★ 190 lbs.  
 Fredericksburg, Va. ★ Woodberry Forest  
 Major: Physics

★★★  
**On Schwartz:** Will figure into the second and third line of middies.  
 ★★★



**2005:** Played in a four games as a sophomore.

**2004:** Did not see game action as a freshman.

**High School/Personal:** Two-year letterman at Woodberry Forest, playing middie... Also played middle linebacker for two seasons... full name is Gregory Raymond Schwartz... son of Bernadette and James Schwartz.

#### Schwartz' Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	DNP						
2005	4-0	0	0	0	0	1	0/0.0
<b>Total</b>	<b>4-0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0/0.0</b>





## 2006 Keydet Profiles



### Clay Tharrington - 41

- Senior -  
 Long Stick Middie ★ 5' 10" ★ 180 lbs.  
 Ashland, Va. ★ The Steward School  
 Major: Economics

★★★  
**On Tharrington:** Returns from a season ending injury to help add depth in the midfield position.  
 ★★★

**2005:** Did not see game action due to injury.

**2004:** Participated in six games as a sophomore.

**2003:** Did not see game action.

**High School/Personal:** Lettered four years at The Steward School... Named team MVP... Recipient of the commitment and discipline award... Also lettered three years in soccer, playing midfield... full name is Forrest Clay Tharrington... son of Elizabeth and Richard Tharrington.

#### Tharrington's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2004	6/0	0	0	0	0	0	1/0.0
2005	DNP-Injured						
<b>Total:</b>	<b>6/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1/0.0</b>

★

Senior Middie  
 Clay Tharrington



### David Trimble - 22

- Senior -  
 Middie ★ 5' 11" ★ 175 lbs.  
 Oak Hill, Va. ★ Oakton HS  
 Major: Civil Engineering

★★★  
**On Trimble:** Is the leader in the Keydet midfield this season after an impressive junior year. One of VMI's four captains.  
 ★★★

**2005:** Played in all 14 games with ten starts as a junior... had 11 goals and 12 assists, third best on the team... posted the team's second best shot-on-goal percentage at .750... scored a team-high five man-up goals and netted one game-winner... picked up 36 ground balls.

**2004:** Played in all 12 games, earning one start... Ranked fourth on the team with four assists, along with two goals... Picked up 16 ground balls.

**2003:** Played in all 12 games with significant playing time... Scored first career goal against Wagner College.

**High School:** Scored 17 goals and notched five assists in his senior season... Was second on his team among midfielders in scoring... Named second team all-district and was an academic all-regional team member... full name is David Jackson Trimble... son of David and Jeannie Trimble... Twin brother of teammate Robert Trimble.

#### Trimble's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2003	12/0	5	1	1	2	7	0/0.0
2004	12/1	15	2	4	6	16	0/0.0
2005	14/10	24	11	12	23	36	4/2.5
<b>Totals</b>	<b>38/11</b>	<b>44</b>	<b>14</b>	<b>17</b>	<b>31</b>	<b>59</b>	<b>4/2.5</b>

★

Senior Middie  
 David Trimble



#### Trimble's Game-Highs

**Goals:** 3 (4/27/05 - Mt. St. Marys)

**Assists:** 3 (3/19/05 - Siena)

**Points:** 4 (4/27/05 - Mt. St. Marys)



## 2006 Keydet Profiles



### Robert Trimble - 21

- Senior -

Attack ★ 5' 11" ★ 170 lbs.  
Oak Hill, Va. ★ Oakton HS  
Major: Civil Engineering

★★★

**On Trimble:** Returns as leading scorer from last season. Will lead an explosive attack for the Keydets this season.

★★★

**2005:** Was third on the team in goals (19) and first in assists (21)... played in all 14 games last season and started 13... picked up 40 groundballs... posted a .733 SOG percentage on 60 shots... had a career-high six assists in a 16-15 win over Marist... moved into ninth place all-time in assists at VMI with 42.

**2004:** Started every game on the Keydet front line... Led the team with 14 assists and 25 points while ranking third on the team with 11 goals... Third on the team with 41 ground balls.

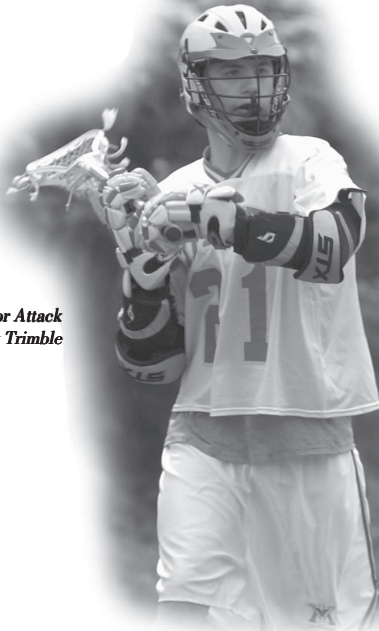
**2003:** Played in all 12 games as a valuable member of VMI's attackline... Scored first career goal at Duke... Scored a goal and dished two assists in 8-7 win at Wagner... Grabbed 18 ground balls.

**High School/Personal:** Scored 64 points (36 goals, 28 assists) in his senior campaign, leading the team in assists... Was named second team all-district... full name is Robert Slater Tromble... son of David and Jeannie Trimble... Twin brother of teammate David Trimble.

#### Trimble's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2003	12/3	5	3	7	10	18	0/0.0
2004	12/12	31	11	14	25	41	1/1.0
2005	14/13	44	19	21	40	40	3/3.0
<b>Totals</b>	<b>39/28</b>	<b>80</b>	<b>33</b>	<b>42</b>	<b>75</b>	<b>99</b>	<b>4/4.0</b>

★



Senior Attack  
Robert Trimble

#### Trimble's Game-Highs

**Goals:** 5 (3/20/04 - St. Josephs)  
**Assists:** 6 (4/30/05 - Marist)  
**Points:** 7 (3/20/04 - St. Josephs);  
7 (4/30/05 - Marist)

### Matt Turner - 38

- Sophomore -

Long Stick Middie ★ 5' 10" ★ 170 lbs.  
Franklin, Tenn. ★ Centennial HS  
Major: Mechanical Engineering

★★★

**On Turner:** Sophomore who has made great strides since freshman year, and has great speed at long stick middle.

★★★



**2005:** Did not see game action.

**High School/Personal:** Two year letterwinner at Centennial, playing defense and long-stick middle... Named defensive MVP and both first and second team All-State... Also played on the soccer team, where he won the coach's award... full name is Matthew Kyle Turner... son of Mary and Mark Turner.

★

### Brett Whitsitt - 20

- Sophomore -

Defender ★ 5' 11" ★ 185 lbs.  
McLean, Va. ★ Langley HS  
Major: Economics

★★★

**On Whitsitt:** Worked hard in the offseason and improved his strength, will see more playing time as a result.

★★★



**2005:** Played in two contests, registered one groundball.

**High School/Personal:** Three year letterwinner at Langley... Named first team all-district and all-region at defender... Played with the "Madlax" all-star team, participated in the STX Shootout, Top 205 and Georgetown Shootout... Also played two years at linebacker and was a member of the wrestling team... full name is Jeremy Brett Whitsitt... son of Kristy and William Whitsitt... Spent Fall '05 semester studying abroad.

#### Whitsitt's Numbers:

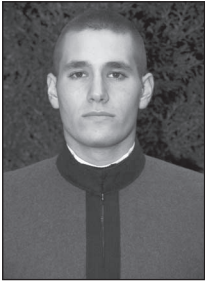
Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	2-0	0	0	0	0	1	0/0.0
<b>Total</b>	<b>2-0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0/0.0</b>

★





## 2006 Keydet Profiles

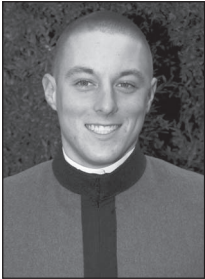


### Ian Williams - 12

- Freshman -  
*Goalie* ★ 5' 7" ★ 172 lbs.  
 Watertown, N.Y. ★ Immaculate Heart  
 Major: Psychology

★★★  
**On Williams:** A great communicator in the net, has the ability to make tough saves.  
 ★★★

**High School:** Two-year letterwinner at Immaculate Heart Central... Team Captain... 2nd Team All-League... led league with a 65% save percentage and 5.3 GAA... selected for the CNY Exceptional Senior Game (alternate)... member of the Central NY Road Hawks club team... played in Upstate Outdoor Lacrosse League... participated in Top 205, Champ Camp and STX Shootout... full name is Ian Mikol Williams... son of Stephanie and Todd Froyse.



### Riley Wirth - 43

- Freshman -  
*Middie* ★ 5' 10" ★ 180 lbs.  
 Virginia Beach, Va. ★ Bishop Sullivan HS  
 Major: Civil Engineering

★★★  
**On Wirth:** freshman looking to earn some playing time at middle.  
 ★★★

**High School/Personal:** Was a three sport letterwinner at Bishop Sullivan in lacrosse, soccer and swimming... team captain of all three teams... played in Hampton Roads Men's League Tournament... also a member of the Chesapeake Select Soccer Club... full name is Paul Riley Wirth... son of Patricia and Gilbert Wirth.



### Patrick Zanelotti - 35

- Sophomore -  
*Defender* ★ 6' 1" ★ 200 lbs.  
 Chantilly, Va. ★ Paul, IV HS  
 Major: International Studies

★★★  
**On Zanelotti:** Moves from LSM to defender to provide depth in the back line.  
 ★★★



**2005:** Played in 13 games and made four starts at long stick middie as a freshman... picked up eight ground balls.

**High School/Personal:** Three year letterman at Paul VI... Twice named all-WCAC as a defender... The 2004 Northern Region "Defender to Watch"... Became first player in school history to be named Defensive MVP three years in a row... Collected three goals, six assists and 34 ground balls as a senior... full name is Patrick Joseph Zanelotti... son of Linda and John Zanelotti.

#### Zanelotti's Numbers:

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	13/4	0	0	0	0	8	2/1.5
<b>Total</b>	<b>13/4</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>8</b>	<b>2/1.5</b>

*Sophomore Defender*  
 Pat Zanelotti

